Kick the Stigma Soccer Weekend

in support of the Believe in Hope IWK Adolescent Mental Health Trust Fund

May 4-5, 2019

BMO Soccer Center
210 Thomas Raddall Dr, Halifax, NS B3S 1R1

The inspiration for hosting the Soccer Weekend began with a desire to raise awareness for adolescent mental health and to raise funds for the Believe in Hope IWK Adolescent Mental Health Trust Fund. The Trust Fund was established by our women’s soccer team mate in memory of her daughter, Alexis Fletcher and embraced by the soccer community. Through the support of the Women’s Citadel 7Aside Soccer League Executive, fellow teammates, friends and the community, over $34,000 was raised over the last 3 years’ events! These funds will be available to advance the development of adolescent mental health services in local high schools.

The Weekend offers non-competitive, friendly soccer for seasoned players and those who have never kicked a ball. All are welcome to enjoy the physical and mental health benefits that happen when the sisterhood gets together. Laughter, singing, gasping for air and non-stop fun are guaranteed. Remember this is not a tournament, there are no play offs or champion teams. The goal is to play soccer (4 games), have fun (no injuries please) and share a powerful message of love, support and acceptance when we begin to talk about mental health.

Your contribution to the event can be through participant gifts, prizes, concessions or a monetary donation, or directly to the Believe in Hope IWK Adolescent Mental Health Trust Fund. Spectators are welcome to drop in to share in the festivities of the event where a number of fundraising booths will be set up and our sponsors will be advertised.

Thank you in advance for your donation and support. Together we can Kick the Stigma.

Believe in Hope - Kick the Stigma organizing committee

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